

De ORANGE à VERTE



13

TAI OTOSHI



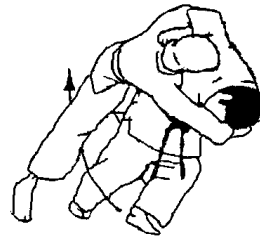
14

OKURI ASHI
BARAI



15

KOSHI
GURUMA



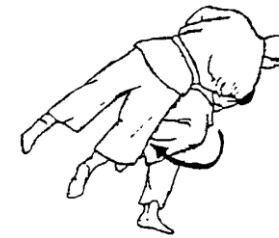
16

UCHI
MATA



17

KO SOTO GARI



18

HANE GOSHI



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KUZURE MAKURA
GESA GATAME



12

KUZURE YOKO
SHIHO GATAME (1)



13

KUZURE YOKO
SHIHO GATAME (2)



14

KUZURE TATE
SHIHO GATAME (2)



15

KUZURE KAMI
SHIHO GATAME (2)